

Brazilian Jiu-Jitsu

Mon	Tue	Wed	Thu	Fri	Sat
					Kids (3-4) Brazilian Jiu Jitsu (10:00AM - 10:45AM)
					Kids (5-11) Brazilian Jiu Jitsu (11:00AM - 11:45AM)
					Teens and Adults Brazilian Jiu Jitsu (12:00PM - 12:55PM)
	Kids (3-6) Brazilian Jiu Jitsu (4:45PM - 5:25PM)		Kids (3-6) Brazilian Jiu Jitsu (4:45PM - 5:25PM)	Teens (12-15) No-Gi BJJ (4:30PM - 5:25PM)	
Kids (7-11) Brazilian Jiu Jitsu (5:30PM - 6:25PM)	Teens (12-15) Brazilian Jiu Jitsu (5:30PM - 6:25PM)	Kids (7-11) Brazilian Jiu Jitsu (5:30PM - 6:25PM)	Kids (7-11) No-Gi BJJ (5:30PM - 6:25PM)	Ladies Only Brazilian Jiu Jitsu (5:30PM -6:25PM)	
Adult Fundamentals Brazilian Jiu Jitsu (6:30PM - 7:25PM)	Adult All Levels Brazilian Jiu Jitsu (6:30PM - 7:25PM)	Adult Fundamentals Brazilian Jiu Jitsu (6:30PM - 7:25PM)	Teens (12-15) Brazilian Jiu Jitsu (6:30PM - 7:25PM)		
Adult All Levels BJJ Sparring (7:30PM - 8:00PM)		Adult All Levels BJJ Sparring (7:30PM - 8:00PM)	Adult All Levels Brazilian Jiu Jitsu (7:30PM - 8:25PM)		

T3MA Monroe Age Divisions
Kids 3-13
Teens 12-15

